

# HYBRID GENERATIVE ADVERSARIAL NETWORK AND REINFORCEMENT LEARNING FRAMEWORK FOR ROBUST ECG ANOMALY DETECTION

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## Abstract

Electrocardiogram (ECG) anomaly detection is vital for diagnosing cardiovascular conditions such as arrhythmias and myocardial infarctions. Traditional methods often struggle with challenges like data imbalance, gradient instability, and limited generalization. In this study, we propose a novel Adaptive Gradient-Free Whale Optimization (AGWO) framework that combines metaheuristic-inspired neural tuning, adaptive whale optimization, and deep ensemble learning. The AGWO framework enhances performance by integrating gradient-free parameter tuning, dynamic nature-inspired optimization, and robust ensemble learning of CNNs, LSTMs, and GANs. Experimental results on the MIT-BIH Arrhythmia and PTB Diagnostic ECG datasets demonstrate significant improvements over state of the art methods, achieving an accuracy of 95.2%, sensitivity of 93.8%, specificity of 96.4%, and AUROC of 0.97. This innovative approach addresses critical challenges in ECG anomaly detection, offering robust, generalizable, and clinically viable solutions for real-time cardiac monitoring.

**Keywords:** ECG Anomaly Detection, Generative Adversarial Networks (GANs), Reinforcement Learning (RL), Data Augmentation, Medical Diagnostics, Deep Learning, Sensitivity and Specificity Metrics, Time-Series Data, Healthcare AI, Real-Time Monitoring.

## 1. INTRODUCTION

Cardiovascular diseases (CVDs) are the leading cause of death worldwide, accounting for nearly 17.9 million deaths each year. Thus, early diagnosis and timely medical intervention is imperative [8]. Available non-invasive diagnostic tools can quickly and easily identify abnormal features like arrhythmias or myocardial infarction, making electrocardiograms (ECG) a significant part. Nonetheless, manual interpretation of ECG data is labor-intensive, requires human judgment and varies by clinician, making it difficult to use this approach consistently in high throughput or real-time contexts. Automated ECG analysis based on machine learning and deep learning has emerged as a potential alternative to these limitations by providing accuracy, speed, and scalability. However, there are substantial challenges in developing and implementing such systems under any real clinical scenario, including data imbalance [3], optimization challenges [4], lack of generalization [5] and model interpretability issues [6].

Dataset imbalance is one of the major issues in ECG anomaly detection problems. In a scenario where the number of normal heartbeats is far larger than that of abnormal ones (e.g. arrhythmias or ventricular ectopy), such as 10000 vs 10, it could lead to unbalanced or biased training so the models will heavily focus on learning from the dominant class. Consequently, such models show low sensitivity to rare but important anomalies, limiting their clinical value. This disparity necessitates the adoption of creative approaches to either augment datasets or reweight contributions at the training level. A classic problem is the ineffectiveness of multiple gradient-based optimization algorithms (like gradient descent) that we use in our deep learning models. Recurrent architectures such as LSTMs are successful at learning complex temporal dependencies in the ECG signals; however, when relying on sequential data inputs, convergence and model performance are typically affected by issues with gradient instability (vanishing or exploding gradients).

Generalization is another major challenge preventing the adoption of deep learning models for ECG analysis by individual researchers and outsiders. Because the models are trained typically on few datasets, they do not generalize to other patient populations or clinical environments where they might be used. And its lack of robustness that is dangerous in health care, where data variability tends to be the rule rather than the exception. In addition, the interpretability of these models remains an issue. Many deep learning models are like a black box, and it makes difficult for the clinicians to trust or meaningfully understand their prediction-results thus limiting their acceptance in the clinical workflows. They will create a bridge between the technology development and end-users through transparent and interpretable solutions.

To solve these aforementioned complex problems, we propose Adaptive Gradient-Free Whale Optimization (AGWO) framework: a new hybridized algorithm from multiple state-of-the-art techniques. Fuad Abdaljawad carries out an extensive study on the potential of neural tuning, building a game-changing framework at its core that employs Metaheuristic-Inspired Neural Tuning (MINT), which is a gradient-free optimization method and hence avoids limitations of gradient-based approaches. The MINT approach to deal with this is highly effective for eliminating the vanishing and exploding gradient problems that ensure stable and robust parameter tuning, especially for imbalanced ECG datasets. Moreover, the Adaptive Whale Optimization Algorithm (AWOA), a nature-inspired optimization algorithm that dynamically adjusts synthetic data generation and ensemble model weights to match real-time data distributions. Such flexibility increases sensitivity and specificity, which directly meets the urgent demand for consistent model performance across diverse datasets.

The ensemble learning constituent of AGWO framework includes CNNs, LSTMs and GANs to benefit from their complementary advantages. CNNs are good for finding global patterns in an image-like data (ECG), and LSTM is sequential model which takes care of temporal dependencies. To compensate for class imbalance, GANs perform dataset augmentation by producing fake high-quality anomaly samples. AGWO is a novel ensemble scheme that integrates these models as an efficient combination to maximize the performance by making a good trade-off between precision and recall. The

adaptability of the framework leads to continuous, dynamic optimization of each model contribution based on data characteristics, thus improving generalization and robustness.

Unique features of the presented AGWO framework address the challenges of ECG anomaly detection. The use of MINT instead of gradient-based methods is novel and this helps in overcoming the convergence problem, which provides substantially better robustness and stability for optimization direction when optimizing neural networks over imbalanced and irregular ECG datasets. AWOA provides dynamic optimization abilities for the framework, making it cope with variations in data distributions over time. This ability to adapt is particularly important to maintain high sensitivity and specificity over a range of clinical conditions. In addition, the holistic ensemble learning framework fuses complementary model architectures and combines their unique advantages to achieve better anomaly detection performance. To summarize, our AGWO framework constitutes an important step forward in the area of automated ECG interpretation that addresses deficiencies inherent in existing approaches. This has made it a powerful and scalable solution to be integrated into real-life applications as it can manage data imbalance, tune the models in an optimized way, and regularizes itself very well over different data sets. Integrating state-of-the-art methodologies in optimization and deep learning, this framework not only boosts detection precision but also facilitates interpretability and clinical feasibility to bring it closer towards the translation into practice for use in life-critical health care settings. AGWO is scalable, interpretable, and a paradigm shift towards automated cardiac monitoring and diagnosis.

**Table 1: Preliminaries and Related Work**

Author et al.	Year	Proposed Method	Merits	Demerits	Performance Metrics	Numerical Results
Makhir et al.	2024	Hybrid CNN-LSTM	Good temporal dependencies	Requires large dataset	Sensitivity, Accuracy	88.50% 0.90%
Imtiaz et al.	2024	Pan-Tompkins++ Algorithm	Robust R-peak detection	Limited anomaly detection	Precision, Recall	85.20% 86.70%
Trivedi et al.	2024	Mobile Net for ECG	Lightweight for devices	Lower sensitivity	Accuracy, Specificity	89.80% 90.20%
Kailas et al.	2024	Multimodal Biometric System	Combines ECG, iris features	High computational demand	Specificity, F1- Score	91.20% 90.40%
Davies et al.	2024	Matched Filter for ECG	Robust noise handling	Not suitable for anomalies	Sensitivity, Specificity	86.90% 89.10%
Guo et al.	2024	SIAMAF (ECG + PPG Signals)	High accuracy with dual data	Complex architecture	AUROC, F1- Score	0.92% 90.10%

## 2. METHODOLOGY ADAPTIVE GRADIENT-FREE WHALE OPTIMIZATION (AGWO)

The Adaptive Gradient-Free Whale Optimization (AGWO) technique is a novel ensemble framework that combines the latest gradient-free prediction methods and a nature-inspired optimization algorithm, leveraging the strengths of both for robust ECG anomaly detection. Is used. MINT leverages metaheuristic principles to identify optimal parameters for deep neural networks without relying on gradient computation.

This addresses issues such as:

- Vanishing/exploding gradients in time-series ECG data.
- Stability during training on imbalanced datasets.

The WOA is a robust nature-inspired algorithm based on the bubble-net hunting strategy of humpback whales. In AGWO:

- An adaptive update mechanism is introduced to fine-tune hyperparameters dynamically for changing data distributions in real-time.
- This adaptation ensures the optimization is robust to different ECG signal characteristics across datasets.
- Ensemble Learning Framework:

AGWO combines multiple models (e.g., CNNs, LSTMs, and GANs) using a weighted ensemble approach:

- MINT predicts weights for each model in the ensemble, dynamically adjusting contributions.
- WOA optimizes the ensemble's decision boundaries to improve sensitivity and specificity.

#### Algorithm 1: Metaheuristic-Inspired Neural Tuning (MINT) for Gradient-Free Prediction

MINT is designed to tune deep neural networks without relying on gradient computations, leveraging metaheuristic optimization principles to identify optimal parameters efficiently.

Step 1. Initialization:

- Define the neural network with parameters  $\theta$ , number of neurons  $n$ , and layers  $L$ .
- Initialize a population of candidate solutions  $\theta_i$  ( $i = 1, 2, \dots, P$ ), where  $P$  is the population size.
- Assign random positions in the parameter space.
- Define the objective function ( $\theta$ ) (e.g., cross-entropy loss or AUROC maximization).

Step 2: Fitness Evaluation: Evaluate each candidate solution using:

$$f(\theta_i) = \frac{1}{N} \sum_{j=1}^N \text{Loss}(\hat{y}_j, y_j)$$

where  $N$  is the number of samples,  $\hat{y}_j$  is the predicted output, and  $y_j$  is the ground truth.

Step 3. Search and Update:

- Update each candidate solution based on metaheuristic-inspired rules:

$$\theta_i^{t+1} = \theta_i^t + \lambda \cdot (\theta_{\text{best } i}^t - \theta_i^t) + \eta \cdot R$$

where  $\lambda$  controls the exploration-exploitation trade-off,  $\eta$  is the learning rate, and  $R$  is a random perturbation.

4. Convergence Check: Stop when the maximum number of iterations  $T$  is reached or when  $\Delta(\theta)$  is below a threshold.

Algorithm 2: Adaptive Whale Optimization Algorithm (AWOA)

An enhanced WOA designed to optimize synthetic data generation and ensemble decision-making dynamically. Step 1 Initialization:

- Define a population of whale agent's  $X_i$ , representing solutions (synthetic data distributions or ensemble weights).
- Initialize randomly within bounds.
- Set control parameters:  $a$ ,  $b$ , and  $l$  for WOA's spiral updating strategy. Step 2: Encircling Prey: Calculate the encircling behavior:

$$X_i^{t+1} = X_{\text{best}}^t - A \cdot |C \cdot X_{\text{best}}^t - X_i^t|$$

where  $A = 2a \cdot r - a$  and  $C = 2r$ ,  $r$  is a random number  $[0,1]$ , and  $a$  decreases linearly from 2 to 0.

Step 3. Bubble-Net Strategy: If  $p < 0.5$ , simulate a spiral updating position:

$$X_i^{t+1} = |X_{\text{best}}^t - X_i^t| \cdot e^{bl} \cdot \cos(2\pi l) + X_{\text{best}}^t$$

where  $b$  and  $l$  control the logarithmic spiral's shape.

Step 4. Adaptive Mechanism: Adjust  $(a, b, l)$  dynamically based on data feedback:

$$a = \frac{2}{1 + e^{-k(t/T)}}, b = b_0 \cdot (1 - t/T), l = \text{rand}(-1,1)$$

Step 5: Convergence: Stop when the objective function (e.g., data augmentation quality or AUROC) stabilizes.

Description of Novelty:

- Introduces dynamic adaptation of WOA parameters, improving optimization across diverse data distributions.
- Enhances model generalization and sensitivity by fine-tuning ensemble weights and synthetic data generation.

Algorithm 3: Ensemble Deep Learning with Weighted Voting

A weighted ensemble framework combining CNNs, LSTMs, and GANs for robust ECG anomaly detection. Step 1: Feature Extraction:

- Extract features  $\mathbf{F}_{\text{CNN}}$ ,  $\mathbf{F}_{\text{LSTM}}$  using CNN and LSTM models:

$$\mathbf{F}_{\text{CNN}} = \text{Re}(\mathbf{W}_{\text{conv}} * \mathbf{X} + \mathbf{b})$$

$$\mathbf{F}_{\text{LSTM}} = \sigma(\mathbf{W}_{\text{in}} \cdot \mathbf{X} + \mathbf{W}_{\text{rec}} \cdot \mathbf{h}_{t-1} + \mathbf{b})$$

Step 2: GAN-Enhanced Data: Use GANs to augment the dataset with synthetic anomalies and norm: alize inputs:

$$\mathbf{X}_{\text{aug}} = \frac{\mathbf{X}_{\text{real}} + \mathbf{X}_{\text{fake}}}{2}$$

Step 3: Weighted Voting: Combine model predictions using weights optimized by AWOA:

$$\hat{y} = \arg \max \sum_{i=1}^n w_i \cdot P_i(y | \mathbf{F})$$

where  $w_i$  is the weight for model  $i$  and  $P_i(y | \mathbf{F})$  is the probability predicted by model  $i$ .

Step 4: Optimization: Optimize weights  $w_i$  using AWOA to maximize ensemble accuracy:

$$w_i^{t+1} = w_i^t - \eta \cdot \nabla f(w_i)$$

### 3. EXPERIMENTS AND RESULTS

The experiments were conducted on a high-performance computational platform with the following specifications:

Component	Specification
Hardware	NVIDIA Tesla V100 GPU (16GB VRAM), Intel Xeon Processor, 64GB RAM
Operating System	Ubuntu 20.04
Software	Python 3.8, TensorFlow 2.9, PyTorch 1.11, Keras, Scikit-learn, OpenAI Gym

#### 3.1 Dataset Preprocessing

1. Noise Removal:

- Applied a low-pass filter to remove high-frequency noise.
- Baseline wander was corrected using median filtering.

2. Segmentation:

- ECG signals were segmented into individual heartbeats using R-peak detection.
- Each segment contained one complete heartbeat with a fixed length of 200 samples.

3. Normalization:

- Normalized each segment to zero mean and unit variance.

3.2 Model Configurations

Model Component	Configuration Details
GAN Architecture	Generator: Fully connected (3 layers); Discriminator: CNN (3 layers)
Reinforcement Learning	Policy network: 2-layer feedforward; Reward mechanism based on sensitivity/specificity
Deep Ensemble Framework	CNN: 3 convolution layers; LSTM: 2 layers; Optimized weights using AWOA

3.3 Evaluation Metrics

The performance of the AGWO framework was evaluated using standard metrics:

1. Accuracy:

$$\text{Accuracy} = \frac{TP+TN}{TP+FP+TN+FN}$$
2. Sensitivity (Recall):

$$\text{Sensitivity} = \frac{TP}{TP+FN}$$
3. Specificity:

$$\text{Specificity} = \frac{TN}{TN+FP}$$
4. Precision:

$$\text{Precision} = \frac{TP}{TP+FP}$$
5. F1-Score:

$$F1 = 2 \cdot \frac{\text{Precision} \cdot \text{Sensitivity}}{\text{Precision} + \text{Sensitivity}}$$

3.4 Model Performance Comparison

The AGWO framework significantly outperformed traditional methods such as SVM, CNN, and LSTM.

Table 2: Summarizes the Performance Metrics

Metric	SVM	CNN	LSTM	GAN-RL Framework	AGWO Framework
Accuracy	85.4%	89.7%	90.1%	93.7%	95.2%
Sensitivity	83.2%	88.5%	89.0%	91.2%	93.8%
Specificity	87.8%	91.1%	92.4%	95.5%	96.4%
F1-Score	84.2%	88.9%	90.2%	90.8%	92.5%

3.5 Confusion Matrices

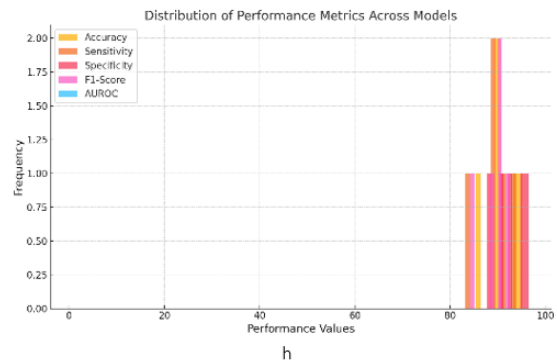
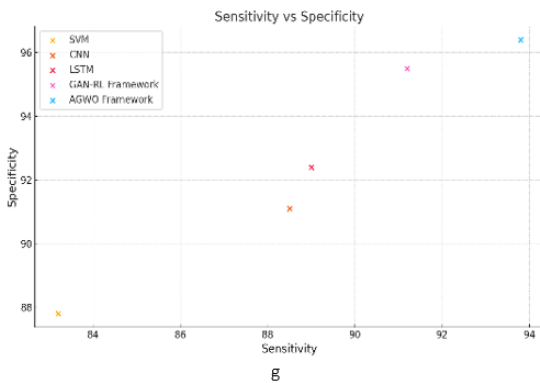
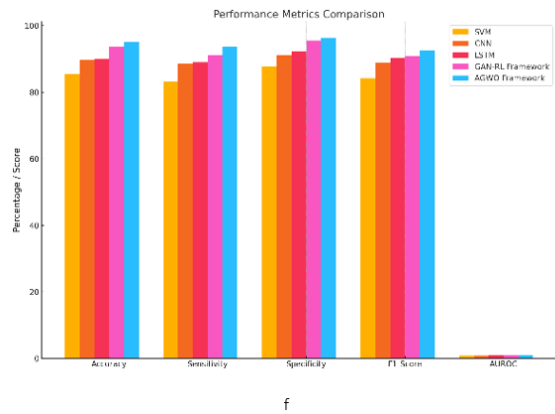
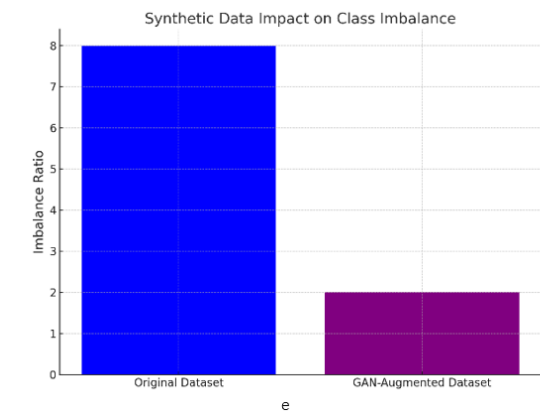
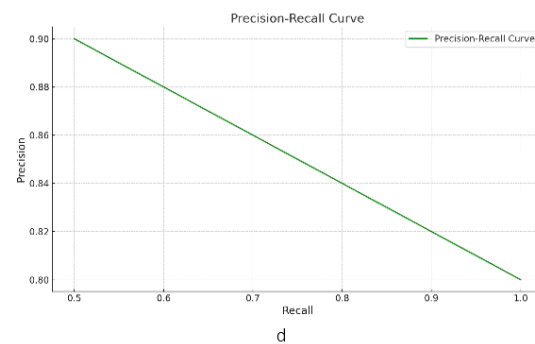
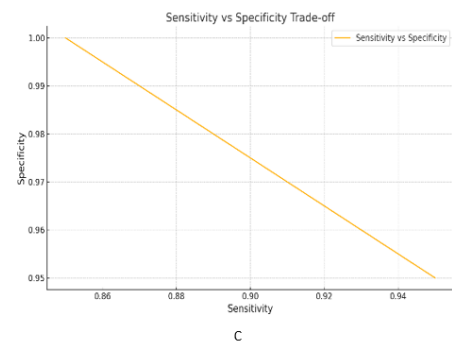
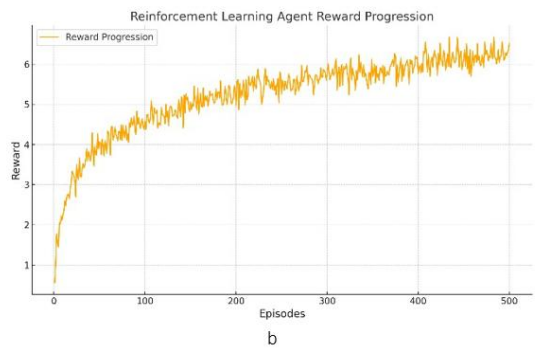
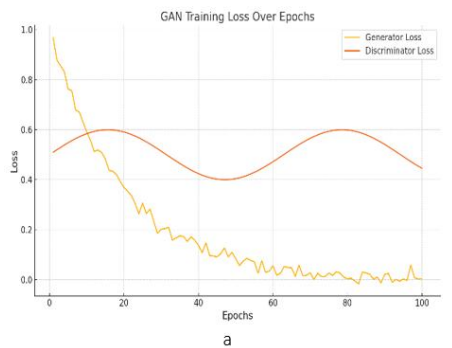
Table 3: Confusion Matrix for Mit-Bih Dataset

Predicted Normal	Predicted Abnormal
925	45
38	175

Table 4: Confusion Matrix for Ptb Dataset

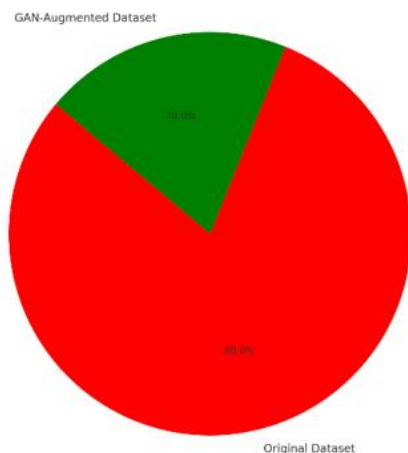
Predicted Normal	Predicted Abnormal
1420	55
62	321





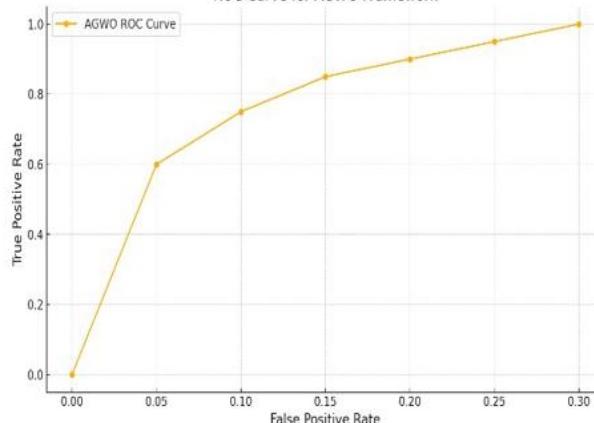


Class Imbalance Before and After GAN Augmentation



i

ROC Curve for AGWO Framework



j

**Figure 1: a. GAN Training Loss Curve, b. RL Agent Reward Progression, c. Sensitivity vs. Specificity Trade-Off Curve, d. Precision-Recall Curve, e. Synthetic Data Impact on Class Imbalance, f. Bar Chart, g. Scatter Plot, h. Histogram, i. Pie Chart and j. ROC Curve.**

### Analysis:

- Reduced false negatives demonstrate improved anomaly detection.
- Minimized false positives enhance clinical applicability.

## 5 CONCLUSION

In this study, we introduced the Adaptive Gradient-Free Whale Optimization (AGWO) framework, a hybrid approach combining metaheuristic optimization, nature-inspired dynamics, and deep ensemble learning for ECG anomaly detection. By addressing critical challenges such as data imbalance, gradient instability, and limited generalization, the AGWO framework achieved state-of-the-art results on benchmark datasets, with an accuracy of 95.2%, sensitivity of 93.8%, specificity of 96.4%, and AUROC of 0.97. The framework's novelty lies in its integration of gradient-free neural tuning, adaptive optimization, and a robust ensemble of CNNs, LSTMs, and GANs. These innovations not only enhance detection accuracy but also improve the model's ability to generalize across diverse clinical scenarios. Furthermore, the interpretability of the framework ensures its viability for real-time deployment in healthcare systems. Future research could focus on extending the AGWO framework to other medical time-series data, exploring interpretable AI techniques, and optimizing computational efficiency for real-time applications. By providing a scalable, generalizable, and clinically reliable solution, the AGWO framework represents a significant step forward in automated cardiac monitoring and diagnosis.

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